



Taking Time For Herself

An Overnight Retreat For Women

Feeling overworked, overwhelmed or uninspired?

Take some much needed time away from your busy life to listen to inner wisdom and authentic voice. At this retreat, you will relax, share, laugh and create time for you to listen to your dreams. (You can even make time for a nap!) This is about slowing down and connecting with other women in ways that are meaningful and celebratory. Take time for YOU and reserve your spot today!

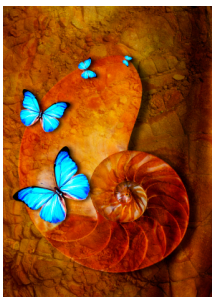
What: Retreat Time For You To Relax & Renew!

When: Saturday, March 29 - Sunday, March 30

Where: The North Shore at Trout Lake, Hermon NY

Time: 9 a.m. Saturday to 11 a.m. Sunday

Cost: \$125 includes meals (lunch, dinner and breakfast) and overnight accommodations of a single bed in a shared room. \$140 for a queen bed in a private room or a king bed.



Nautilus Retreats

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